

**Mid-Nebraska Activities Conference
2025 All-Conference Girls Wrestling**

1st Team

Name	School	Grade
Macey Flynn	Anselmo-Merna	10
Aliyah Mitchum	Brady	10
Chloe Schaeffer	Sandhills Valley	12
Lilly Sheets	Sandhills Valley	9
Mariah Duran	Sandhills Valley	12
Saije Phelps	Sandhills Valley	12
Emily Chavez	Sandhills-Thedford	12
HayLynn Glidden	Sandhills-Thedford	11
Mattee Zutavern	Sandhills-Thedford	9
Shelby Schukei	Sandhills-Thedford	12

Honorable Mention

Name	School	Grade
Ember Chavez	Sandhills-Thedford	10